## WHAT TO BRING/WHAT NOT TO BRING

All meals and refreshments are provided. No cash is required at camp. If travelling a long distance you may want some cash for a light meal to and from. Sleeping quarters are heated, include showers, bathrooms and electricity. Bunks have a mattress.

## WHAT TO BRING

- Sleeping Bag or blankets & Pillow
- Pajamas
- Socks & Underwear
- Sportswear:
  - Thur: long shorts, athletic pants or jeans, comfortable shirt and shoes
  - Fri: long shorts, athletic pants or jeans, comfortable shirt, closed toe shoes (required for ropes course)
  - Sat: same as Friday
  - Sun: same as Friday, except a RYLA T-shirt will be provided.
- Shoes (closed shoes are best for most of the event. The grounds are grassy and can be damp on occasion.
- Sandals are not suitable for many of the team building exercises)
- Jacket or Light Rain Coat
- Bath Towel and wash cloth (none are provided)
- Toiletries: Travel Size (Shampoo, Soap, Deodorant, Razor, Toothbrush, comb/brush, blow-dryer, etc .. )
- Water Bottle
- Flashlight
- Cell Phone Cellular phones are permitted at RYLA. Only use allowed is for photos during specifically
  noted social activities. Participants using cellular phones for any other purpose will have the phones
  confiscated until the end of camp.
- Lip Balm & Sun Screen

## WHAT NOT TO BRING

- ipods, ipads, Gaming Devices, etc.
- Radio, Television/DVD Players
- Inappropriate Clothing for a professional and academic environment.
- Cigarettes
- Alcohol/Drugs
- Food
- Knives Weapons (of any sort)